

**St. Mary's and The Herald Dispatch
8th Annual Kids Try-A-Triathlon
Saturday, August 6, 2011**

Beechfork Lake State Park Swimming Area

Age groups and distances:

6-7, 8-9 years old: Swim 50 yards, bike 2 miles, run 1 mile
10-11, 12-13 years old: Swim 100 yds, bike 5 miles, run 2 miles

****NEW RUN COURSE****

Where: Beechfork swimming area (4 miles off of 152 in Lavalette).

When: The race begins at 9 am. All age groups should be there by 8:30 am to set up in the transition area. There will be a mandatory race meeting at 8:45 for all racers and parents for last minute instructions and safety details.

Awards: T-shirts will be given to each participant as well as finisher medals. In addition, each top male and female finishers in each age group will receive prizes.

Cost: \$20.00 for each individual or \$15.00 if you enter by July 25, 2011.

**THERE WILL BE NO RACE DAY
REGISTRATION**

First Name: _____ Last _____

Date of birth _____

Address _____ City _____ State _____

Zip _____ Email _____

T-shirt size: Child S M L or Adult S M L

Amount of Entry fee enclosed _____

Send to: Jeff's Bike Shop

740 6th Ave

Huntington, WV 25701

Make checks payable to Heathlyhuntington.org, inc.

Parent must sign waiver on other side of application.

Waiver: In agreement of acceptance of this entry, I hereby waive any and all claims for myself and my heirs against Healthyhuntington.org Inc. and any other sponsors of the triathlon and each of their agents, servants, officers, and employees of the host town for injury or illness, which may arise by virtue of the undersigned engaging in the triathlon. I further state that I am in proper physical condition to participate in this event. Sponsors and organizers reserve the right to postpone, cancel, or modify the event due to weather conditions or other factors beyond the control of Healthyhuntington.org Inc.

Name_____ date_____